



THE SPA  
*at The Mirage*

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INDULGE YOUR SENSES AND REJUVENATE  
YOUR BODY AND YOUR MIND.

LET YOURSELF GO. THIS UNIQUE RETREAT  
IN THE HEART OF THE LAS VEGAS STRIP  
ALLOWS YOU TO ESCAPE TO A WORLD  
OF COMPLETE SERENITY.

We offer a peaceful hideaway to help you re-connect  
with yourself through serene surroundings and  
therapeutic treatments. To help you cast away your  
tension, we feature natural, soothing treatments to  
instill a sense of well-being and a more balanced you.





## PLANNING A SPA VISIT

### GENERAL INFORMATION

- Spa and Fitness hours of operation are 5:30 a.m. – 7:30 p.m.
- Spa treatments begin at 8:00 a.m. and last treatment begins at 6:00 p.m.
- Guests of The Mirage Spa and fitness facility must be at least 18 years of age.
- The spa is a non-smoking facility.
- To maintain serenity, cellular phone use is not permitted except in the reception area. All electronic devices should be silenced prior to entering the locker room and treatment areas.
- We recommend that you do not bring jewelry and valuables to the spa.

### RESERVATIONS

We encourage you to make reservations in advance to make certain the preferred treatments or therapists are available. To schedule your appointment, please call the spa at 702-791-7472 and have your credit card information or hotel confirmation number ready as it is required to reserve your spa experience. Should you have special requests, pregnancy, physical ailments, disabilities or allergies, please notify your reservationist at time of booking and your therapist at the time of your service. If you have a preference regarding the gender of your therapist, please let us know when making your reservation. We will make every effort to accommodate your request.

### CANCELLATIONS

The treatments you select are reserved for you. We ask that you provide at least a 4-hour advance notice if you need to change or cancel your appointment. The Mirage Spa does have a cancellation policy and failure to fulfill your scheduled treatment time will result in a 100% charge of the service.

### ARRIVAL

You are welcome to enjoy the facility throughout the day. However, we invite you to arrive at least 30 minutes prior to your scheduled spa appointment. This will allow time to receive your locker, change into your provided robe and sandals, and enjoy the steam, sauna, whirlpool and shower. Arriving late will limit the time of your treatment, thus lessening the effectiveness of your relaxation. As a courtesy to the next guest, your treatment will end on time regardless of when you begin.

### SPA AND FITNESS FACILITIES

To enhance your spa experience, we provide a private locker, robe and sandals as well as grooming amenities. We have separate women's and men's wet areas that include a steam, sauna and whirlpool. For your enjoyment, we offer fresh fruit, trail mix, assorted teas, bottled water and fruit juices.

Our fitness facility includes various cardio equipment, strength equipment and free weights. We require our guests to use closed-toe shoes for workouts. As a reminder, you must be at least 18 years of age to enjoy the workout facility. If you require workout wear, it is available upon request.

### GRATUITY

In appreciation for outstanding service, gratuities may be given to the service providers at the guest's discretion. A customary 15%-20% is greatly appreciated.

## THE ART OF SPA

### TAKE TIME

Give yourself plenty of time so you can enjoy the steam, sauna and whirlpool prior to your services. This will relax and warm your muscles which will aid in the therapeutic benefits of your service.

### SHOWER

A shower just before your massage is relaxing and washes away any salts, minerals or chemicals.

### TREATMENT ATTIRE

This is your treatment and we want you to feel comfortable. It is customary to completely disrobe for your spa services, although you may wear a swimsuit or undergarment if you prefer. You will be given the opportunity to disrobe and your privacy will be maintained. Throughout your services, your body will be professionally draped to ensure privacy. At no time will you be fully exposed. Clothing will be provided for your Thai massages.

### COMMUNICATE

Communication is the key to getting what you want out of your service. Before your service begins, tell your therapist the areas you would like to focus on and any areas to be avoided. During your massage, let your therapist know if you feel any discomfort. Keep in mind that body work is similar to exercise, in that toxins are released from the muscles and may cause some soreness. This is your time and the more specific you are with your therapist, the more you will achieve in regards to relaxation and therapeutic benefits.

## FACIAL TREATMENTS

### OPULENCE

A decadent, luxurious facial that firms, tones, refines and deeply hydrates the skin with protein-rich Caviar and powerful antioxidants. Exclusive Caviar products infuse skin with age-defying nutrients to smooth fine lines and improve texture. This intensive hydration instantly restores radiance. Results are immediate, leaving skin looking supple, healthy and luminescent!

*80 minutes*

### BLACK TIE AFFAIR (GENTLEMAN'S FACIAL)

A deep-cleansing, therapeutic facial designed specifically for the special skin care needs of men. Relaxes the skin as it refines pores. Includes a luxurious facial massage and deep-cleansing masque. Specifically addresses sensitivity and razor burn.

*50 minutes*

### BRIGHTEN UP, AN OXYGENATING FACIAL

Using organic products from Hungary, this active facial assists the skin's oxygen intake thereby stimulating cellular repair and metabolism. It helps to detoxify and even the complexion, the perfect treatment for blemished, mature or hyper-pigmented skin. Try it! You'll be amazed at the results.

*50 minutes*

### SWEET RED ROSE

A fragrant red rose facial specifically for sensitive skin. Skin is cleansed and toned with hand-picked rose petals to revitalize and balance the skin. A gentle exfoliation begins with rosehip and maize. The maize flower cleans pores and removes impurities while rosehip delivers high levels of vitamins and calms the skin to prepare for extraction. Customized masque, treatment and moisturizers follow. Dry skin is left feeling velvety, smooth and hydrated while oily skin is hydrated and revitalized without shine or clogged pores.

*50 minutes*

### THE FIX

An innovative facial using the latest in organic ingredients! Acne is treated at the source with potent yet odorless garlic and tomatoes. The aromas are of a fresh herb garden in a summer day. We start with a cleansing and light exfoliation followed by a potent masque to shrink blemishes and acne and to infuse the skin with age-defying properties. For oily skin types, this facial will balance oil production and hydrate without added oils.

*50 minutes*

### CUSTOMIZED FACIAL

After a thorough analysis of your skin, the aesthetician will tailor the perfect combination of products to balance, revive and renew. A treatment for any skin type which includes a gentle exfoliation to remove dull surface skin cells, a luxurious facial massage, and a masque to rejuvenate and nourish the skin.

*50 minutes*

### FRESHEN UP

For the guest who doesn't have the time. An introductory facial to freshen the face and hydrate the skin. This purifying treatment includes a skin analysis, deep cleansing, exfoliation and masque to promote healing from within. Extractions not included with this facial.

*25 minutes*

### BACKLESS

Treat your back to the same indulgent skin care that leaves your face glowing. This ultimate back facial provides two masques to cleanse, tone, treat and hydrate the back. A relaxing lotion application completes this treatment leaving soft touchable skin.

*50 minutes*



## FACIAL ENHANCEMENTS

*The following treatments can be added to any facial as an upgrade.  
Please note: There is a limit of two facial enhancements per treatment.*

### VITAMIN C AMPOULE

This antioxidant treatment, which improves the quality and appearance of the skin, strengthens skin elasticity and helps to prevent premature aging caused by UV exposure.

### COUPEROSE AMPOULE

Gentle botanicals are synergistically combined with nutrient rich antioxidants to create this anti-redness serum that cools, calms and leaves the skin feeling velvety soft. Benefits fragile capillaries.

### INTENSIVE REPAIR AMPOULE

A healing and soothing treatment for cell rejuvenation. Lending elasticity and firmness to skin tissue, this treatment achieves a visibly smoother and more youthful appearance.

### GLYCOLIC TREATMENT

This remarkable exfoliation treatment helps to refine skin texture, minimize the appearance of fine lines and create a balanced skin tone. Promotes a youthful glow.

### LIP TREATMENT

Beautify, smooth and achieve soft plump lips with this add on treatment. Lips are gently exfoliated to revitalize and reveal soft skin, followed by a mask and then finished by a sealer for the most kissable mouth.

### EYE TREATMENT

This intensive eye treatment is designed to diminish fine lines and wrinkles. Improving dark circles, relieves puffy eyes, improves clarity and totally rejuvenates this delicate area for brighter, more luminescent eyes.

### CAVIAR CELL VITALE AMPOULE

The perfect skin rescue remedy! Repair and restore skin with this intensive treatment infusion. Super hydrating sodium hyaluronate, powerful soy protein, decadent caviar and rose deeply treat skin to leave it glowing.

### COLLAGEN VEIL

The ultimate in hydration, great for all skin types. This treatment locks in moisture leaving skin firm and velvety smooth.

## WAXING SERVICES

Leg Wax: Half or Full

Underarm Wax

Back and Shoulder Wax

Arm Wax: Half or Full

Bikini Wax

## BODY TREATMENTS

### DESERT DREAMS

A deeply calming experience for the mind and body. Relax. Breathe deep. Dreams of lavender fields kissed by the French sun envelop your senses as you inhale the relaxing and balancing benefits of this intoxicating herb the ancient Romans called "blue magic."

This satisfying break from chaos to the calm begins with a two-step body buff, followed by a luxurious application of lavender-infused oil while warm crystalline stones stimulate pressure points. Finally, enveloped and warmly cocooned, an optional hot oil treatment for the scalp is available if you choose to indulge.

*80 minutes*

### PEAR AND APPLE FACIAL AND BODY TREATMENT

Scrumptious pear and apple infuse the face with nutrients and antioxidants while skin is perfectly polished and refined with the natural microdermabrasion action of poppy seeds and walnut. All signs of roughness and dryness will be soothed away, leaving the most soft and healthy skin. Delightful and aromatic pears and green apples are then used to relax you in an aromatic body treatment. We start by exfoliating the skin with a mouth-watering Pear and Green Apple Sugar Scrub. As the scrub dries, a gentle exfoliation is performed by dry brushing. A body wrap is applied after exfoliation and while your skin is rejuvenating you'll receive a relaxing scalp massage. We finish with an all-over hydrating application using a delectable Pear and Green Apple Soufflé Cream.

*80 minutes*



#### RELAXATION MOOR MUD WRAP

You work hard and play hard, and you want total recovery. Relax while you recover in this full body Moor Mud Wrap. Legendary for its powerful therapeutic properties, this several thousand-year-old moor mud re-mineralizes, soothes and rejuvenates tired muscles and dull skin. Special attention is paid to the face as it is treated with moor mud and acupressure massage. This full face and body treatment can be a very effective part of an overall renewal program.

*50 minutes*

#### SIGNATURE BIRCH DETOXIFYING WRAP

It's relaxation and refreshment taken to uncommon levels, featuring an invigorating seaweed wrap incorporating live Spirulina supplements made from blue-green algae. The vitamins, minerals and protein from the Spirulina combine with hydrating birch oil to clear the senses, boost the immune system, and infuse the body with rich moisture. A generous application of mineral crème completes this treatment, enjoyed best when performed in conjunction with a weight reduction or nourishment program.

*80 minutes*

#### ALOE RESTORATION WRAP

Replenish your body's vital moisture reserves with this unique treatment that breathes new life into skin that's suffered damage from the sun. Pure algae blends with soothing aloe vera, suffusing every layer of the skin and creating an intensive therapeutic treatment that works quickly to render your body smooth and soothed. Culminates with a positively indulgent massage of the scalp and extremities.

*50 minutes*

#### CUCUMBER MINT BODY TREATMENT

Revitalize your body and spirit with the refreshing benefits of cucumber and mint in a luxurious full body wrap that will purify, moisturize, increase elasticity and enhance the texture of the skin. Your pampering begins with an invigorating full body cucumber mint sugar scrub designed to both stimulate and exfoliate. Next, the purifying body wrap is applied. While its warmth rejuvenates your skin, you will enjoy a gentle head and scalp massage. We finish with a soothing light massage using moisture-rich cucumber mint soufflé.

*50 minutes*

#### THE LIGHTEN UP! STONE CROP BODY TREATMENT

Eliminate signs of aging and unwanted pigmentation with this lightening body treatment, restoring your complexion to a more youthful and vibrant state. This head-to-toe experience begins with a full-body application of stone crop masque, rich with nourishing regenerative agents and antioxidants that fight free radicals. You are then wrapped in warming blankets while being treated to a relaxing head and scalp massage followed by a delightful foot massage. The treatment concludes with a comforting body massage using stone crop body lotion.

*50 minutes*

### BODY SCRUBS

#### SMOOTH AS SILK (GENTLE EXFOLIATION)

This two-step, gentle body polish utilizes a granulated pumice stone in a rich crème-base followed by a loofah scrub with Chamomile Shower/Bath Gel, rich in botanicals. A chamomile dry oil spray finishes this skin-softening treatment, leaving your skin ready for a night out on the town.

*25 minutes*

#### LAVENDER CRUSH (MEDIUM EXFOLIATION)

Experience the ultimate healing and soothing powers of lavender. Breathe deep; inhale the calming and balancing benefits of wild lavender. Earthly minerals are combined with lavender's healing properties in this full body exfoliation. Next, Lavender Body Spray is applied to the body. During this state of peaceful rest, enjoy a massage incorporating healing stones to draw out toxins as it balances all your senses.

*50 minutes*

#### THERMAL MINERAL EXFOLIATION (MOST INVIGORATING)

Wake up and get going with this invigorating thermal mineral salt exfoliation. Stimulate circulation with this two-step treatment utilizing thermal salts, rich in minerals and trace elements customized with an essential oil blend. A luxurious botanical lotion application completes this eye-opening experience.

*50 minutes*



## MASSAGES

### AROMATHERAPY MASSAGE

We combine the soothing and uplifting benefits of unique essential oils, chosen by the guest with the healing touch of Swedish massage to soothe your spirit and relax tense muscles. Our signature massage also includes warm towels, an aromatic foot treatment, and mists of orange blossom to deliver a truly unique experience.

*50 minutes, 80 minutes*

### SWEDISH BODY MASSAGE

This classic form of full-body massage relaxes the body using light to medium pressure that will soothe aches and pains and relieve stress and tension. Great for first-time spa go-ers.

*50 minutes, 80 minutes*

### THERAPEUTIC MASSAGE

Excellent for ridding the body of tension, releasing tightness and reducing muscle pain. Designed for individuals wanting more detailed work on specific muscle groups.

*50 minutes, 80 minutes*

### DESERT STONE MASSAGE

This ancient art of healing uses elements of Mother Nature. It combines tension-releasing massage techniques with warm, smooth stones as an extension of the therapist hands to bring relief to tense muscle, sore joints, and stressed emotions. Deep heat allows you to experience profound relaxation and balance.

*50 minutes, 80 minutes*

### TARGET MASSAGE

This express massage is ideal for those with limited, valuable time. Specific attention is paid to the feet, legs, neck, back or shoulder areas, customizing the experience for your needs.

*25 minutes*

### TABLE THAI MASSAGE

This is an ancient, interactive style of massage that originated in Thailand. You'll be provided with loose-fitting clothing while your therapist gently pulls, pushes and kneads your muscles in patterns of gentle rocking and rhythmic compressions. By the end of this massage, you will feel relaxed, centered and re-energized.

*80 minutes*

### THAI FOOT REFLEXOLOGY

A blend of Chinese Reflexology and traditional Thai massage techniques. Using a wooden dowel and Peppermint Tea Tree Foot Balm, your therapist focuses on manipulating energy points to relax and soothe your calves and feet.

*25 minutes, 50 minutes*

### IN ROOM MASSAGE

Enjoy a Signature, Swedish, or Therapeutic Massage in the comfort of your own hotel suite.

*50 minutes, 80 minutes*

## MESSAGE ENHANCEMENTS

*The following treatments can be added to any massage as an upgrade:*

### HOT STONE ADD-ON

Warm stones can be placed on specific parts of the body to enhance the effects of your massage.

### WARM OIL SCALP MASSAGE

Oil is heated and massaged directly into the scalp and hair for a decadent and moisturizing treatment.



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*Mirage*  
LAS VEGAS

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Las Vegas, NV 89109

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Open daily, 5:30 a.m. – 7:30 p.m.  
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[mirage.com](http://mirage.com)